

THE SOUTH AFRICAN SPINE SOCIETY

7th Annual Congress

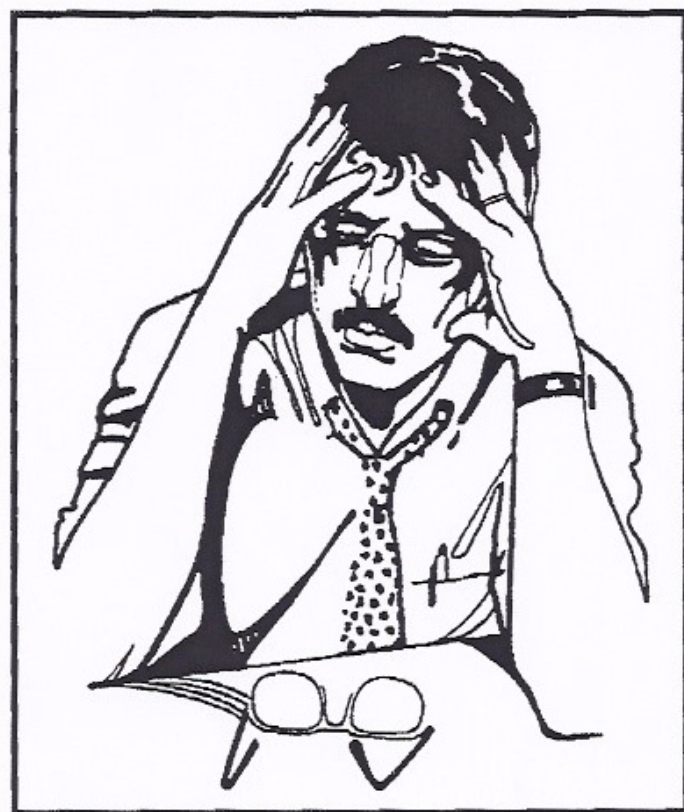
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Bloemfontein



ABSTRACT BOOKLET

Myofascial
Differential Diagnosis
of
Periocular Pain



Vision Africa

Gallagher Estate • Midrand

5 -7 march 1997

Hosted by the
South African Optometric Association

Presented by; Dr Ashton Vice. B.Sc. DC (USA) Cert.Ac. (Illinois)

MYOFASCIAL PAIN

Fundamental Concepts & Workshop on:



PERI OCULAR PAIN



LOWER BACK PAIN

Presented to:

**DEPARTMENT OF ORTHOPAEDICS
FRERE HOSPITAL
EAST LONDON**

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MYOFASCIAL MIMICRY OF NERVE ROOT, FACET-AND VISCERAL PAIN DIAGNOSIS

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Reviewing the paper titles of the last 3 South African Spine Society Conferences, totalling roughly 65 hours of lectures, the observation was made that not a single paper dealt principally with the role of muscles in back or neck pain diagnosis.

Skeletal muscle is the largest single organ in the body, comprising 40% or more of the human body weight. It is ironic then that no single paper was presented with specific reference to the differential diagnosis of myofascial pain in the lower back and its mimicry of root, facet and visceral pain. Specific myofascial syndromes are presented.

Keywords: myofascial mimicry, nerve, facet, visceral pain. lower back pain.